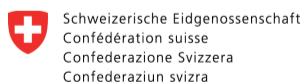


NEUREX WORKSHOP

FEBRUARY
23RD, 2021
STRASBOURG

VENUE
ZOOM EVENT

ORGANIZERS
DIETER RIEMANN
& PASCALE PIGUET



— PROJECT INTERNEURON —

Program Interreg V Upper Rhine «Transcending borders with every project», Neurex, Médalis, BioValley France, CNRS, Université de Strasbourg, Région Grand Est, Département du Bas-Rhin, Département du Haut-Rhin, Eurométropole Strasbourg, Hôpitaux Universitaires de Strasbourg, Bernstein Center Freiburg, Klinik für Psychiatrie und Psychotherapie Freiburg, Neurozentrum Freiburg, Universität Freiburg, Universität Basel, Universitäre Psychiatrische Kliniken Basel, Kanton Aargau, Kanton Basel-Landschaft, Confédération suisse.

SLEEP AND INSOMNIA

RELEVANCE FOR MENTAL HEALTH/ ILLNESS

TUESDAY, FEBRUARY 23RD, 2021

14.00 WELCOME & OPENING

14.05—14.50

Dieter Riemann —
Hospital for Psychiatry and Psychotherapy,
University Medical Center, Freiburg, Germany
"The bi-directional relationships between
insomnia and depression"

14.50—15.35

Chiara Baglioni —
University Guglielmo Marconi, Roma, Italy
& Hospital for Psychiatry and Psychotherapy,
University Medical Center, Freiburg, Germany
"Emotion regulation in insomnia –
the link to psychopathology?"

15.35—15.45 BREAK

15.45—16.30

Bernd Feige —
Hospital for Psychiatry and Psychotherapy,
University Medical Center, Freiburg, Germany
"The role of REM sleep instability in connecting
insomnia and depression"

16.30—17.15

Christoph Nissen —
University Psychiatric Services Bern, Switzerland
"Synaptic plasticity - a potential mechanism
of sleep-psychopathology associations"

Program and registration at www.neurex.org

