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NEUREX WORKSHOP

**NOVEMBER
18TH, 2021
BASEL**

**VENUE
VIRTUAL ONLINE EVENT**

**ORGANIZERS
CORRADO GARBAZZA,
YU-SHUIAN LIN,
& CHRISTIAN CAJOCHEN**

2ND BASEL SYMPOSIUM ON SLEEP AND CIRCADIAN RHYTHM DISORDERS

THURSDAY, NOVEMBER 18TH, 2021

Program and registration at www.neurex.org

14.00 — 14.10 INTRODUCTION AND GREETINGS

**14.10 — 15.30 SESSION 1
CIRCADIAN MEDICINE
Moderated by Dr. C. Garbazza**

**15.45 — 17.15 SESSION 2
SLEEP HOMEOSTASIS:
ROLE OF ADENOSINE
AND CAFFEINE
Moderated by Dr Y.-S. Lin**

**14.10 — 14.40
PD Dr. med. Dr. phil. U. Hemmeter —
Psychiatric Hospital, St. Gallen (Switzerland)
"Pharmacological treatment of depression
respecting chronobiological aspects"**

**15.45 — 16.15
Prof. R. Basheer, PhD —
Harvard Medical School, Boston (USA)
"Sleep homeostasis and mechanisms of sleep
regulation: lessons from the animal models"**

**14.40 — 15.10
Prof. A. Videnovic, MD, MSc, FAAN, FAASM —
Massachusetts General Hospital, Boston (USA)
"Circadian dysregulation and light therapy
in movement disorders – focus on Parkinson's
and Huntington's diseases"**

**16.15 — 16.45
PD Dr. med. D. Elmenhorst —
Institute for Neuroscience and Medicine,
Forschungszentrum Jülich (Germany)
"Sleep restriction and use of caffeine in humans –
insights from neuroimaging"**

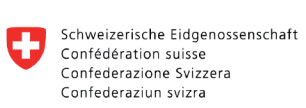
**15.10 — 15.30
Dr. med. C. Garbazza —
Centre for Chronobiology,
University of Basel (Switzerland)
"Sleep, circadian rhythms and light therapy
in the perinatal period"**

**16.45 — 17.05
Dr. C. Reichert, PhD —
Centre for Chronobiology,
University of Basel (Switzerland)
"Acute vs chronic caffeine intake: Differential
effects on sleep and circadian rhythms?"**

15.30 — 15.45 COFFEE BREAK

17.05 — 17.15 CONCLUSIONS

Accredited educational training:
• Swiss Neurological Society (SNG-SSN): 4 Credits
• Swiss Society for Psychiatry and Psychotherapy (SGPP): 4 Credits
• Swiss Society for Sleep Research, Sleep Medicine
and Chronobiology (SSSSC): 3 Credits



— PROJECT INTERNEURON —

Program Interreg V Upper Rhine «Transcending borders with every project», Neurex, Médalis, BioValley France, CNRS, Université de Strasbourg, Région Grand Est, Département du Bas-Rhin, Département du Haut-Rhin, Eurométropole Strasbourg, Hôpitaux Universitaires de Strasbourg, Bernstein Center Freiburg, Klinik für Psychiatrie und Psychotherapie Freiburg, Neurozentrum Freiburg, Universität Freiburg, Universität Basel, Universitäre Psychiatrische Kliniken Basel, Kanton Aargau, Kanton Basel-Landschaft, Confédération suisse.

